Seattle Parks and Recreation is pleased to offer several options to register for programs and activities. We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

Thank you for your continued support of Seattle Parks and Recreation.

**FIRST CHOICE**
Check out Seattle Parks and Recreation’s new online registration software at [http://bit.ly/spr_registration_account](http://bit.ly/spr_registration_account). Sign in or create an account if this is your first time registering for classes with the new software. Once you are logged in you can choose your programs and pay online.

**SECOND CHOICE**
Find your local recreation center at: [seattle.gov/parks/centers.asp](http://seattle.gov/parks/centers.asp) and stop by to register for programs and meet the staff. Take a peek at the recreation center and the program space. Staff welcomes face-to-face interaction! Please note hours of operation, as they vary across recreation centers.

**THIRD CHOICE**
Call your local recreation center during their hours of operation at the phone number listed at: [seattle.gov/parks/centers.asp](http://seattle.gov/parks/centers.asp). All staff can assist you with registration during their operating hours listed on their home page linked from the above web address.

**FOURTH CHOICE**
Register by phone with our Business Service Center at 206-684-5177. The Business Service Center is open Monday through Friday between 8:30 a.m. and 6 p.m. Questions may be emailed to: ParksBSC@seattle.gov

**FIFTH CHOICE**
Mail in or drop off registration requests with payments and/or required forms to your local community center. For the address of your local community center, please visit: [seattle.gov/parks/centers.asp](http://seattle.gov/parks/centers.asp).
INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?
Please contact the following Assistant Recreation Coordinator with your programming idea(s) for Southeast Seattle.
- **Dawn Bennett**: dawn.bennett@seattle.gov
- **Tiffany Jordan**: tiffany.jordan@seattle.gov
- **Derryn Anderson**: derryn.anderson@seattle.gov
- **Jennifer Romo**: jennifer.romo@seattle.gov
- **Tamela Thomas**: tamela.thomas@seattle.gov

Classes are scheduled approximately six months in advance.

<table>
<thead>
<tr>
<th>Program</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPECIAL EVENTS</td>
<td>6-9</td>
</tr>
<tr>
<td>DROP-IN</td>
<td>10-13</td>
</tr>
<tr>
<td>CITYWIDE ATHLETICS</td>
<td>14-15</td>
</tr>
<tr>
<td>PRESCHOOL</td>
<td>16-18</td>
</tr>
<tr>
<td>SCHOOL AGE CARE</td>
<td>20-23</td>
</tr>
<tr>
<td><strong>GARFIELD</strong></td>
<td></td>
</tr>
<tr>
<td>Tots</td>
<td>24</td>
</tr>
<tr>
<td>Youth</td>
<td>25</td>
</tr>
<tr>
<td>Multigenerational</td>
<td>25</td>
</tr>
<tr>
<td><strong>INTERNATIONAL DISTRICT</strong></td>
<td>26-28</td>
</tr>
<tr>
<td>Tots</td>
<td>26</td>
</tr>
<tr>
<td>Youth</td>
<td>27</td>
</tr>
<tr>
<td>Multigenerational</td>
<td>27</td>
</tr>
<tr>
<td><strong>JEFFERSON</strong></td>
<td>29-31</td>
</tr>
<tr>
<td>Tots</td>
<td>29</td>
</tr>
<tr>
<td>Youth</td>
<td>30</td>
</tr>
<tr>
<td>Teens</td>
<td>30</td>
</tr>
<tr>
<td>Adult</td>
<td>31</td>
</tr>
<tr>
<td><strong>RAINIER</strong></td>
<td>32-35</td>
</tr>
<tr>
<td>Tots</td>
<td>32</td>
</tr>
<tr>
<td>Youth</td>
<td>33</td>
</tr>
<tr>
<td>Teens</td>
<td>34</td>
</tr>
<tr>
<td>Adult</td>
<td>35</td>
</tr>
<tr>
<td><strong>RAINIER BEACH</strong></td>
<td>36-39</td>
</tr>
<tr>
<td>Tots</td>
<td>36</td>
</tr>
<tr>
<td>Youth</td>
<td>37</td>
</tr>
<tr>
<td>Adult</td>
<td>38</td>
</tr>
<tr>
<td><strong>VAN ASSELT</strong></td>
<td>41-43</td>
</tr>
<tr>
<td>Youth</td>
<td>41</td>
</tr>
<tr>
<td>Teens</td>
<td>42</td>
</tr>
<tr>
<td>Adults</td>
<td>43</td>
</tr>
<tr>
<td><strong>POOLS</strong></td>
<td>44-45</td>
</tr>
</tbody>
</table>

register online at seattle.gov/parks | **SPRING/SUMMER 2020** | 3
<table>
<thead>
<tr>
<th>Center</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Garfield CC</strong></td>
<td>2323 E Cherry St. / Seattle, WA 98122</td>
<td>206-684-4788</td>
<td>206-684-4380</td>
</tr>
<tr>
<td><strong>Garfield Teen Life Center</strong></td>
<td>428 23rd Ave. / Seattle, WA 98122</td>
<td>206-684-4550</td>
<td>206-684-4324</td>
</tr>
<tr>
<td><strong>Rainier CC</strong></td>
<td>4600 38th Ave. S /Seattle, WA 98118</td>
<td>206-386-1919</td>
<td>206-386-1904</td>
</tr>
<tr>
<td><strong>Rainier Beach CC</strong></td>
<td>8825 Rainier Ave. S /Seattle, WA 98118</td>
<td>206-386-1925</td>
<td>206-386-1510</td>
</tr>
<tr>
<td><strong>Van Asselt CC</strong></td>
<td>2820 S Myrtle St. /Seattle, WA 98108</td>
<td>206-386-1921</td>
<td>206-386-1894</td>
</tr>
<tr>
<td><strong>Rainier Beach Pool</strong></td>
<td>8825 Rainier Ave. S /Seattle, WA 98118</td>
<td>206-386-1925</td>
<td>206-386-1510</td>
</tr>
</tbody>
</table>

**Center Info**

<table>
<thead>
<tr>
<th>Center</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Rainier CC</strong></td>
<td>4600 38th Ave. S /Seattle, WA 98118</td>
<td>206-386-1919</td>
<td>206-386-1904</td>
</tr>
<tr>
<td><strong>Rainier Beach CC</strong></td>
<td>8825 Rainier Ave. S /Seattle, WA 98118</td>
<td>206-386-1925</td>
<td>206-386-1510</td>
</tr>
<tr>
<td><strong>Van Asselt CC</strong></td>
<td>2820 S Myrtle St. /Seattle, WA 98108</td>
<td>206-386-1921</td>
<td>206-386-1894</td>
</tr>
</tbody>
</table>
CLOSURES
4/2    Staff Retreat
5/25   Memorial Day
7/3    Independence Day Observed
7/4    Independence Day
9/7    Labor Day

PARKS MANAGEMENT
Jesús Aguirre, Superintendent
Justin Cutler, Recreation Director
Katie Gray, Deputy Rec. Director
Tiffany Johnson, Recreation Manager
Mike Plympton, Aquatics Manager

COORDINATORS
GARFIELD CC
Tianna Scott, tianna.scott@seattle.gov

ID/CHINATOWN CC
Brenna Clausen, brenna.clausen@seattle.gov

JEFFERSON CC
Doreen Deaver, doreen.deaver@seattle.gov

RAINIER CC
Staci Doan, staci.doan@seattle.gov

RAINIER BEACH CC
Martha Winther, martha.winther@seattle.gov

VAN ASSELT CC
Temesgen Habte, temesgen.habte@seattle.gov

ASSISTANT COORDINATORS
Dawn Bennett, dawn.bennett@seattle.gov
Tiffany Jordan, tiffany.jordan@seattle.gov
Derryn Anderson, derryn.anderson@seattle.gov
Jennifer Romo, jennifer.romo@seattle.gov
Tamela Thomas, tamela.thomas@seattle.gov

DISCLAIMER NOTE
Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors, and fees may change after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.

GENERAL INFO
RECURRING EVENTS

COMMUNITY KITCHEN
All Ages
International District/Chinatown Community Center will host Community Kitchen once a month for lunch through a partnership with International Community Health Services. Please call 206-233-0042 for more information.
Location: INTERNATIONAL DISTRICT/CHINATOWN CC
4th Thu/Month 11 a.m.-1 p.m.

STAMP CAMP
Ages 8 and older
Are you ready to learn different stamp techniques like heat embossing, water coloring, 3D projects, and more? Each month will feature a cultural sharing of drinks and food during the activity. Space is limited to 15, so sign up early!
Location: VAN ASSELT CC
#34540 4/27 M 6:30-7:30 p.m.
#34541 5/18 M 6:30-7:30 p.m.
#34698 6/29 M 6:30-7:30 p.m.
#34685 7/27 M 6:30-7:30 p.m.
#34686 8/24 M 6:30-7:30 p.m.

FREE TAX PREP
Ages 16 and older
United Way is offering free tax preparation services for this year as well as back taxes for the past 3 years. Here’s what to bring: Social Security card, photo ID, tax documents (W2s, 1099 forms, Social Security documents, your tax return from last year, and any additional tax forms you have received). For direct deposit into your bank account, bring your bank account information (recommended). Additionally, tax volunteers are trained to connect clients to public benefits, health care, and other financial services. For more information or if you want to volunteer, please visit www.uwkc.org/taxhelp or call 211.
Location: RAINIER CC
1/3-4/18 Tu/W/Th 5:30-8:30 p.m.
W 10 a.m.-1 p.m.
Sa 10 a.m.-4 p.m.
FESTIVAL FOR SMALL HUMANS
Ages 3 and Under
Contemporary performance has an innate sense of curiosity, exploration, and imagination easily embraced by the open minds of children. The Seattle 2020 Small Human Festival presents unique theater pieces specifically made for babies and toddlers under the age of three. Attend the rehearsal and workshop ideas for the final performances.

Location: GARFIELD CC
REHEARSAL:
3/28 Sa 3:30-4:30 p.m.
PERFORMANCES:
4/4 Sa 2:30-3:30 p.m.

FLASHLIGHT EGG HUNT
Ages 12-18
Looking for a new twist on an egg hunt? Try finding the loot in the dark! Bring your own flashlight and bag, but don't be late because the hunt goes quick. Rain or shine, we will be outside, so dress for the weather.

Ages 12-16
Location: GARFIELD CC (MEET IN LOBBY)
4/10 F 8 p.m.

Ages 12-18
Location: JEFFERSON CC (MEET IN GYM)
4/10 F 8 p.m.

SPRING EGG HUNT
Ages 11 and Under
Join your neighbors for the quickest special event of the year; the Spring Egg Hunt! Bring a basket or to bag to put all your eggs in that you will turn in later for goodies. Children will be divided into age-appropriate groups to ensure a fun and fair hunt. Please plan on arriving at least 15 minutes early, as the hunt will begin at 10 a.m. sharp and will run rain or shine!

Location: JEFFERSON CC, RAINIER CC, VAN ASSELT CC
4/11 Sa 10 a.m.

SPRING EGG HUNT
Ages 12 and under
We are bringing back the spring egg hunt at Hing Hay Park. Come prepared for the weather with a basket or bag for collecting eggs.

Location: HING HAY PARK
4/11 Sa 10 a.m. sharp

SPRING FLING FAMILY DANCE
All Ages
Put on your best spring themed attire, dancing shoes and join us for our 3rd annual Spring Fling Family Dance. Light refreshments and drinks will be provided.

Location: RAINIER BEACH CC
4/25 Sa 2-4 p.m.
Free (Ages 2 and under), $3 (Ages 3-17 and 65+), $5 (Ages 18-64), $15 Family up to 6
**MAY 2020**

**FAMILY DAY BRUNCH**  
*All Ages*  
Aunties, uncles, grandparents, nieces and nephews—all are invited to join your table for a delicious brunch of waffles with fruit compote and award-winning fried chicken. Bring your favorite salt and pepper shakers for a bit of fun. We’ll be giving a prize to the “best” shaker set, and have some fun along the way.  
*Location: RAINIER CC*  
5/2 Sa 11 a.m.-2:45 p.m.  
$6 adults/$3 kids

**NEIGHBOR DAY OPEN HOUSE**  
*All Ages*  
Garfield Community Center is celebrating Seattle's 26th Annual Neighbor Day on May 2nd! We’ll be writing “Notes to Neighbors,” sharing snacks and holding free mini-classes. Neighbor Day is produced by the Department of Neighborhoods.  
*Location: GARFIELD CC*  
5/2 Sa 11 a.m.-2 p.m.

**MOTHERS DAY LUNCHEON**  
*Ages 18 and Older*  
Visit Garfield Community Center 11 a.m.-12:30 p.m. on Saturday, May 9, for food, live entertainment, a raffle and Mother’s Day affirmations.  
*Location: GARFIELD CC*  
#33534 5/9 Sa 11 a.m.-12:30 p.m.

**SPRING INTO SUMMER EVENT**  
Rainier Beach’s annual community carnival featuring carnival games, raffles, prizes and food.  
*Location: RAINIER BEACH CC*  
5/16 Sa 10 a.m.-2 p.m.

**JUNE 2020**

**BEACON HILL FESTIVAL**  
*Ages 1 and Older*  
The Jefferson Community Center is hosting its Annual Beacon Hill Festival! The event will feature a range of entertainment, local food, carnival games, bounce toys, and silent auction. All proceeds of the event go to support the Jefferson Advisory Council in its efforts to provide scholarships for families to participate in programs at Jefferson Community Center. Don’t miss out bringing the entire family to this fun event!  
*Location: JEFFERSON CC*  
#27981 6/6 Sa 11 a.m.-4 p.m.  
Business/Commercial/Merchandise Booth: $90  
School/Non-Profit Booth: $65  
Arts and Crafts Booth: $65 (art must be handmade)  
Late Registration Fee: $10 after 5/15.

**END OF SCHOOL/BEGINNING OF SUMMER BBQ**  
*All Ages*  
The school year is winding down, and summer is upon us once again! Join us to welcome summer in style with food, music, arts & crafts, games, and fun for the whole family! If you would like to volunteer or donate goods & services, please contact our center coordinator, Temesgen Habte (temesgen.habte@seattle.gov or 206-386-1921.)  
*Location: VAN ASSELT CC*  
6/19 F 3:6:30 p.m.
NATIONAL NIGHT OUT
All Ages
Join your neighbors and the Seattle Police and Fire Department for a dinner on the back patio on the Community Center. We’ll have lots of games for the kids, a waterslide, a bouncy house, and a special surprise for those under the age of 8. This is a great chance to build our community.
Location: RAINIER CC
8/2    Tu    5:30-8 p.m.

THE SPACESHIP THAT FELL IN MY BACKYARD
Ages 10 and under
The award-winning duo of Ruth and Emilia bring together families and young children through the adventures of URR, from planet Goopda who has traveled here to promote universal peace. Enjoy this musical performance as we learn about working together and making the world a better place as they sing their way through the day’s adventures.
Location: RAINIER CC
8/2    Tu    6:30-7:15 p.m.

NEIGHBORHOOD NIGHT OUT
All Ages
Meet your neighbors, have fun, and talk about ways to keep our wonderful neighborhood safe! Free BBQ.
Location: GARFIELD CC
8/4    Tu    5:30-8:30 p.m.
Location: INTERNATIONAL DISTRICT/CHINATOWN CC
8/4    Tu    5:30-8:30 p.m.
Location: VAN ASSELT CC
8/4    Tu    5:30-8:30 p.m.

BACK 2 SCHOOL BASH
Annual family event with food, fun and entertainment!
Location: RAINIER BEACH CC
8/8    Sa    Noon-4 p.m.

END OF SUMMER CELEBRATION
All Ages
Join us as we celebrate the end of the summer with games, music, food, and great friends. We will also try and support our families to prepare for school by offering free school supplies, and other re-sources to students entering grades K-12. If you would like to volunteer or donate goods & services, please contact our center coordinator, Temesgen Habte (temesgen.habte@seattle.gov or 206-386-1921.)
Location: VAN ASSELT CC
8/28    F    3-7 p.m.
All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we began requiring participants to use a Free Membership Card. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. No program 4/2, 5/25, 7/3, 7/4, and 9/7.

### TEENS

**TEEN LATE NIGHT**

**Ages 13-19**

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Friday and Saturday evenings from 7 p.m.-Midnight with a focus on positive teen interactions and engagement where all teens are welcomed. The Late Night Program is aligned and supportive of the city’s Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer!

Contact your local neighborhood specialist for more information.

Fri and Sat Nights
7 p.m.-Midnight

**NORTH:**

Bitter Lake Community Center, 206-684-7524
Meadowbrook Teen Life Center, 206-551-7316

**SOUTHEAST:**

Garfield Teen Life Center, 206-684-4550
Rainier Community Center, 206-386-1919
Rainier Beach Community Center, 206-386-1925
Van Asselt Community Center (Fri only), 206-386-1921

**SOUTHWEST:**

High Point Community Center, 206-684-7422
Southwest Teen Life Center, 206-684-7438
South Park Community Center, 206-684-7451.

### TODDLER GYM PLAY TIME

**Walkers-Age 5**

Ride tricycles, play house, or blocks, and have fun on the slide as toddlers go wild at Toddler Open Gym. Participants will have the opportunity to play with other youth, develop motor skills, and have non-stop fun during this exciting drop-in session. (Parents must accompany their child at all times).

**Location:** GARFIELD CC (ENDS 6/10)
**M/W** 10 a.m.-1 p.m. (Closed on 4/13, 4/15, and 5/25)
**Location:** JEFFERSON CC
**Tu/Th** 10 a.m.-2 p.m. (Closed on 4/14 and 4/16)
**Location:** RAINIER CC (ENDS 6/18)
**W/Sa** 10 a.m.-1 p.m.
**Location:** RAINIER BEACH CC (ENDS 6/12)
**M/F** 10 a.m.-1 p.m.
**Location:** VAN ASSELT CC
**Tu/Th** 10 a.m.-1 p.m.

All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we began requiring participants to use a Free Membership Card. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. No program 4/2, 5/25, 7/3, 7/4, and 9/7.
DROP-IN PROGRAMS

Creating community through people, parks, and programs.

All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we began requiring participants to use a Free Membership Card. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. No program 4/2, 5/25, 7/3, 7/4, and 9/7.

GAMES

50 AND UP FUN
Ages 50 and Older
Five Donic Delhi 25 tables and two Mahjong tables will be set up for your enjoyment. Hot tea served.
Location: IDCCC
Tu/F 2:30-5:30 p.m.
Sa Noon-2 p.m.

FITNESS

5-ON-5 ADULT BASKETBALL
Ages 18 and Older
Grab your friends and throw together a team for this one of a kind drop-in basketball experience.
Location: VAN ASSELT CC
4/4 - 6/20 Sa 10 a.m.-Noon

HIP HOP SPIN CLASS
Ages 16 and Older
Endure intervals, hills, and sprints combined with upper body movements to spike your heart rate from start to finish for a full-body workout set to hip hop and R&B. Good for all levels, you'll make progress toward your fitness goals and challenge yourself to get results. This class is offered for free due to the Get Moving Grant. First come, first served, but you may reserve your bike up to 1 hr early.
Location: RAINIER CC
Ongoing W 6-7 p.m. and 7-8 p.m.
Drop-in. First come/first served

AEROBICS
Ages 18 and Older
Come and sweat it out to your favorite aerobic DVDs. Hand weights and resistance bands provided.
Location: IDCCC
#22612 9/4-12/18 W 11 a.m.-12:30 p.m.

FITNESS ROOMS

Ages 18 and Older for all Fitness Rooms

GARFIELD FITNESS ROOM
No matter what your level of fitness, you can set and meet your goals in our friendly, non-intimidating fitness room. We are into fitness, not fashion - so put on that old pair of sweats grab your sneakers and join us. It's time for you to commit to get fit!
Location: GARFIELD CC
Mon-Thu 10 a.m.-8:30 p.m.
Friday 9 a.m.-7:30 p.m.
Saturday 10 a.m.-4:30 p.m.

INTERNATIONAL DISTRICT/CHINATOWN FITNESS ROOM
Focus on your fitness. We have several cardio machines, a five-in-one weight machine, and hand weights to help you reach your goals. Cable TV allows you to catch your favorite show while you burn calories.
Location: IDCCC
M/W/F 11 a.m.-8:45 p.m.
Tu/Thu 10 a.m.-6:45 p.m.
Saturday 10 a.m.-4:45 p.m.

RAINIER FITNESS ROOM
Find 30 minutes to work on cardio and strength training. We offer the following: bench press, elliptical machine, treadmill, pectoral fly, shoulder press, leg press, leg extension, rowing machine, and chest press.
Location: RAINIER CC
M/W 9 a.m.-9 p.m.
Tu/Thu 10 a.m.-9 p.m.
Friday 9 a.m.-6 p.m.
Saturday 9 a.m.-5 p.m.

RAINIER BEACH FITNESS ROOM
Take a little time to get a work out in our Fitness Room. We offer a variety of weight and cardio options to meet your fitness needs.
Location: RAINIER BEACH CC
Mon-Thur 10 a.m.-8:45 p.m.
Friday 10 a.m.-6:45 p.m.
Saturday 8:30 a.m.-6:45 p.m.
Sunday 9 a.m.-6:15 p.m.
All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we began requiring participants to use a Free Membership Card. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. No program 4/2, 5/25, 7/3, 7/4, and 9/7.

<table>
<thead>
<tr>
<th>GARFIELD</th>
<th>ID/C</th>
<th>JEFFERSON</th>
<th>RAINIER</th>
<th>RAINIER BEACH</th>
<th>VAN ASSELT</th>
</tr>
</thead>
<tbody>
<tr>
<td>BADMINTON</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BASKETBALL</td>
<td>Tu 10 a.m.-1 p.m. Sa 10 a.m.-2 p.m.</td>
<td>Youth M-W 2-5:30 p.m. F 3-8:45 p.m.</td>
<td>Adult M/W/F 11:30 a.m.-1:30 p.m.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COMPUTER LAB</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Youth M-W 2:30-4:30 p.m. F 3-8:45 p.m.</td>
<td>Adult M/W/F 3:30-4:45 p.m.</td>
<td>Call 206-386-1919 for availability.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DANCE</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Youth Spring M-F 2:30-4:30 p.m.</td>
<td>Youth Summer M-Th 10 a.m.-9 p.m. F 10 a.m.-4:45 p.m. Sa 8:30 a.m.-7 p.m. Su 9 a.m.-6:30 p.m.</td>
<td>Adult and Senior times, please call for availability 206-386-1925.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Adult Drop-In M/Tu/Th/F 2:30-6:30 p.m. W 1:30-6:30 p.m.</td>
<td>Adult Drop-In/1 on 1 Help M/Tu/Th/F 11 a.m.-2 p.m. W 11 a.m.-1 p.m.</td>
<td>We have FREE WiFi available anytime we are open.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Coming Soon! TBA</td>
<td></td>
</tr>
</tbody>
</table>

DANCE

- **Line Dancing**
  - M/F
  - 11 a.m.-12:30 p.m.
- **Chinese Dance**
  - Tu/Th
  - 10 a.m.-1 p.m.
  - $3 Adult/$2 Senior
- **World Dance**
  - M 6:45-8:45 p.m.
- **Ballroom Dancing**
  - W 1-3 p.m.
- **Mixxed Fit**
  - M/W 6-7 p.m.
  - $8 (drop-in)
  - $7 (series rate)

Please see page 35 for more details.
All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we began requiring participants to use a Free Membership Card. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. *No program 4/2, 5/25, 7/3, 7/4, and 9/7.*

### DROP-IN PROGRAMS

<table>
<thead>
<tr>
<th>GARFIELD</th>
<th>ID/C</th>
<th>JEFFERSON</th>
<th>RAINIER</th>
<th>RAINIER BEACH</th>
<th>VAN ASSELT</th>
</tr>
</thead>
<tbody>
<tr>
<td>FITNESS</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>FITNESS ROOM</strong></td>
<td>Please see page 11.</td>
<td><strong>GENTLE YOGA</strong></td>
<td>W 3-4 p.m.</td>
<td>$3 Adult/$2 Senior</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>KRIYA YOGA</strong></td>
<td>Th 7:30-9 p.m.</td>
<td>$5 (all ages)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>ZUMBA® Tu/Th</strong></td>
<td>7 p.m.</td>
<td>$9</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>HIP HOP SPIN</strong></td>
<td>Please see page 11.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>FITNESS ROOM</strong></td>
<td>Please see page 11.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>WOMEN’S ONLY Zumba® Tu/Th</strong></td>
<td>6-7 p.m.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GAMES</td>
<td>All Ages</td>
<td><strong>50 AND UP FUN</strong></td>
<td>Tu/F 2:30-5:30 p.m.</td>
<td>Sa Noon-2 p.m.</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>POKÉMON CLUB</strong></td>
<td></td>
<td>Ages 50 and Older</td>
<td><strong>MEXICAN TRAIN DOMINOS</strong></td>
<td>4th Th/month 7-9 p.m.</td>
</tr>
<tr>
<td></td>
<td>Th 5-6:30 p.m.</td>
<td></td>
<td>Ages 50 and Older</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>BRIDGE W 11 a.m.-2 p.m.</strong></td>
<td></td>
<td></td>
<td><strong>MAH JONG Th 11 a.m.-2 p.m.</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ages 50 and Older</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MARTIAL ARTS</td>
<td><strong>SELF-DEFENSE</strong></td>
<td><strong>KUNG FU</strong></td>
<td>Tu 7-8 p.m.</td>
<td>$10 Drop-in</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ages 6-16</td>
<td></td>
<td><strong>TAI CHI W 3:30-4:15 p.m.</strong></td>
<td>*$3</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td></td>
<td><strong>GOJU RYU KARATE M/W</strong></td>
<td>7:15-8:45 p.m.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ages 16 and older</td>
<td></td>
<td><strong>SELF-DEFENSE</strong></td>
<td><strong>M</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td></td>
<td><strong>SELF-DEFENSE</strong></td>
<td><strong>W</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ages 50 and Older</td>
<td></td>
<td>Ages 50 and Older</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PICKLEBALL</td>
<td>M</td>
<td><strong>Ages 50 and Older</strong></td>
<td>M 10 a.m.-Noon</td>
<td>** Tu/Th **</td>
<td>10 a.m.-1 p.m.</td>
</tr>
<tr>
<td>TABLE TENNIS (PING PONG)</td>
<td>M/W/F</td>
<td><strong>YOUTH M/W</strong></td>
<td>3-6 p.m.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>ADULT * M/W/F</td>
<td></td>
<td>and 6-8:45 p.m.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1-2:30 p.m.</td>
<td></td>
<td><strong>Tu/Th</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sa 2-4:45 p.m.</td>
<td></td>
<td><strong>Tu/Th</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>VOLLEYBALL</td>
<td>F</td>
<td><strong>Ages 50 and Older</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>6-9 p.m.</td>
<td></td>
<td>W</td>
<td>6-8:45 p.m.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$3 Adult/$2 Senior</td>
<td></td>
<td><strong>Tu/Th</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Th 7-9 p.m.</td>
<td></td>
<td><strong>Tu/Th</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Call for availability, 206-386-1925.</td>
<td></td>
<td>Call for availability, 206-386-1925.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
SPRING YOUTH SPORTS

TRACK AND FIELD (GIRLS AND BOYS)
Age Groups: 5-17 (Age is determined by birth year)
Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Runners register at their neighborhood community center and practices occur at their home track or field. Track meets will be held at Nathan Hale and West Seattle Stadiums and meets begin mid-April. Teams will be forming at community centers throughout Seattle.
Fee: $55, scholarships are available
Minimum: Approximately 10 kids

Please consider volunteering as a coach or helping with recruitment of coaches. Our low cost leagues can’t operate without the dedication of our awesome coaches!
YOUTH SPORTS GENERAL INFORMATION

I WANT TO PLAY...HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues (for basketball and volleyball, for example) you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff. Call for more information. For some sports (Track and Field, for example) all you need to do is go into your community center to get registered.

2. Get registered! (Paperwork is at community centers).

3. Start practices and get ready for fun honing your skills and competing against other neighborhood community centers!

If your center doesn’t offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

LOVED THE SPORT? LOVE KIDS? WANT TO GIVE BACK TO YOUR COMMUNITY? BECOME A VOLUNTEER COACH!

Our low-cost leagues can’t operate without the dedication of our awesome coaches!

I WANT TO COACH...HOW DO I GET STARTED?

1. Talk to community center staff about applying for a coaching position.
2. Fill out a background check form at the center and then a volunteer registration form online.
3. Work with community center staff to form your team rosters.
4. Request practice times and confirm that all kids are registered prior to the first practice.
5. Attend coaches meeting/training and get ready for a rewarding experience!
SPRING 2020

PRESCHOOL PROGRAM
Seattle Parks and Recreation operates half-day preschool programs in 12 neighborhood community centers. These low-cost early childhood programs provide a safe, happy, healthy learning environment for preschool children.

DETAILS OF OUR PROGRAM:
» For children ages 3-5 years
» Low teacher-child ratio of 1:8
» Staff is trained in Early Childhood curriculum, CPR/First Aid, Food Handling
» Children need to be fully potty trained (no diapers or pull-ups permitted)
» Affordable rates (scholarships available!)

Preschool programs are based on the Creative Curriculum for Preschool from Teaching Strategies. This research-based curriculum offers early childhood educators a comprehensive collection of resources to help them build high-quality programs. Children attending at least three days a week will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool program meets the development needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

REGISTER NOW AT YOUR LOCAL COMMUNITY CENTER!

IMPORTANT DATES*
We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks are NOT included.

Spring Break 4/13-4/17/2020
Memorial Day 5/25/2020
Independence Day Observed 7/3/2020
Independence Day 7/4/2020
Labor Day 9/7/2020
*Check with your local community center preschool for any additional closures.

CHILD CARE HOTLINE: 206-684-4203
This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

<table>
<thead>
<tr>
<th>AGES</th>
<th>DAYS</th>
<th>TIME</th>
<th>PRICE/MONTH</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-5</td>
<td>Tu/Th</td>
<td>8:30 a.m.-Noon</td>
<td>$310</td>
</tr>
<tr>
<td>3-5</td>
<td>M/W/F</td>
<td>8:30 a.m.-Noon</td>
<td>$454</td>
</tr>
<tr>
<td>3-5</td>
<td>M-F</td>
<td>8:30 a.m.-Noon</td>
<td>$694</td>
</tr>
</tbody>
</table>

*Times and prices may change. Please check with your local community center for details closer to the registration date.

Register online at seattle.gov/parks
2020 FALL PRESCHOOL REGISTRATION

Fall 2020 Preschool registration has begun! We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks are NOT included. At the time of registration, a 10% non-refundable registration fee per week will be collected. All balances are due August 1, 2020.

The 2020-2021 fee structure is listed below.

<table>
<thead>
<tr>
<th>AGES</th>
<th>DAYS</th>
<th>TIME</th>
<th>PRICE/MONTH</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-5</td>
<td>Tu/Th</td>
<td>8:30 a.m.-Noon</td>
<td>$328</td>
</tr>
<tr>
<td>3-5</td>
<td>M/W/F</td>
<td>8:30 a.m.-Noon</td>
<td>$479</td>
</tr>
<tr>
<td>3-5</td>
<td>M-F</td>
<td>8:30 a.m.-Noon</td>
<td>$729</td>
</tr>
</tbody>
</table>

Times and prices may change. Please check with your local community center for details closer to the registration date.
Preschool summer day camps meet the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills to prepare children for success in school and in life. Classrooms are set up with safe and nurturing environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

Preschool summer camps may be offered in weekly sessions for up to 8 weeks at certain locations. New themes each week! Check with your local community center for a detailed description of the various offerings.

DETAILS:
» Ages: 3-5 years
» Low teacher-child ratio of 1:8
» Staff is trained in Early-Childhood curriculum, CPR/First Aid, and safe food handling practices
» Children need to be fully potty-trained (no diapers or pull-ups permitted)
» Please speak with the program director regarding available food options. No refrigeration or microwave/oven will be available.

REGISTRATION INFO:
» Registration begins April 7th. Register early, as camps will fill-up quickly!
» Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
» At the time of registration, a 10% non-refundable registration fee per week will be collected. All balances are due TWO WEEKS BEFORE camp begins.

<table>
<thead>
<tr>
<th>Week</th>
<th>Mon-Fri 8:30 a.m.-Noon</th>
<th>$205/week</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/29-7/3*</td>
<td>HOW DOES YOUR GARDEN GROW?</td>
<td></td>
</tr>
<tr>
<td>7/6-7/10</td>
<td>BLAST OFF!</td>
<td></td>
</tr>
<tr>
<td>7/13-7/17</td>
<td>CREEPY CRAWLERS</td>
<td></td>
</tr>
<tr>
<td>7/20-7/24</td>
<td>FANTASTICAL FAIRYTALES</td>
<td></td>
</tr>
<tr>
<td>7/27-7/31</td>
<td>LAND BEFORE TIME</td>
<td></td>
</tr>
<tr>
<td>8/3-8/7</td>
<td>SERIOUSLY SILLY SCIENCE</td>
<td></td>
</tr>
<tr>
<td>8/10-8/14</td>
<td>SUMMERTIME SUPERHEROES</td>
<td></td>
</tr>
<tr>
<td>8/17-8/21</td>
<td>A PIRATE’S LIFE FOR ME!</td>
<td></td>
</tr>
<tr>
<td>8/24-8/28</td>
<td>CRAFTY CREATORS</td>
<td></td>
</tr>
<tr>
<td>*Short Week due to July 4: $164</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please note: Summer Day Camp programs, activities and themes could be subject to change.
SPECIALIZED PROGRAMS

Seattle Parks and Recreation’s Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with special needs.

We provide recreation programs for all ages including cooking, fitness, social gatherings, drama, crafts, games, and after school activities. Also offered are weekend outings, special events, a variety of Special Olympics sports competitions, and both day and overnight summer camps. Our partner Seattle Adaptive Sports hosts a variety of wheelchair and adaptive sports programs.

View an on-line brochure by going to: seattle.gov/parks (select the link to Specialized Programs under Popular Links) or contact our office at 206-684-4950.
Do you want your child to have fun, engaging opportunities that support continued learning and personal growth outside of school? The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. We make it our mission to promote self-awareness, self-control, conflict resolutions skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child’s educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.

HIGHLIGHTS OF OUR PROGRAM:
» Quality and consistent care with qualified staff
» We welcome all members of the community
» A morning and afternoon snack will be provided
» Scholarship applications may be picked up at your local community center, DSHS child care subsidies are also accepted

Register NOW at your local community center! A non-refundable $25 registration fee for each program (before and after-school) is required during registration, and the remaining monthly fees are due by the 25th of the preceding month.

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th>TIME</th>
<th>5 DAYS</th>
<th>4 DAYS</th>
<th>3 DAYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>JEFFERSON COMMUNITY CENTER</td>
<td>2:30-6 p.m.</td>
<td>$547.50</td>
<td>$492.50</td>
<td>$465.50</td>
</tr>
<tr>
<td>RAINIER COMMUNITY CENTER</td>
<td>2:30-6 p.m.</td>
<td>$547.50</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>RAINIER AT JOHN MUIR</td>
<td>6-8 a.m.</td>
<td>$311.50</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td></td>
<td>2:30-6 p.m.</td>
<td>$547.50</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>RAINIER BEACH COMMUNITY CENTER</td>
<td>6-8 a.m.</td>
<td>$311.50</td>
<td>$280.50</td>
<td>$264.50</td>
</tr>
<tr>
<td></td>
<td>2:30-6 p.m.</td>
<td>$547.50</td>
<td>$492.50</td>
<td>$465.50</td>
</tr>
<tr>
<td>VAN ASSELT COMMUNITY CENTER</td>
<td>2:30-6 p.m.</td>
<td>$547.50</td>
<td>$492.50</td>
<td>$465.50</td>
</tr>
</tbody>
</table>

Details could be subject to change. Please contact your local community center if you have any other questions.

IMPORTANT DATES*
Spring Break                      | 4/13-4/17/2020|
Memorial Day                      | 5/25/2020     |
Independence Day Observed         | 7/3/2020      |
Independence Day                  | 7/4/2020      |
Labor Day                         | 9/7/2020      |

*Check with your local community center for any additional closures.
**GENERAL INFORMATION**

**TRANSPORTATION FOR PUBLIC SCHOOL STUDENTS**
Seattle Public Schools will transport children within the district’s busing zones. If a child comes from outside the Seattle Schools’ busing zones, or if a child will be coming from a private school, the family is responsible for transportation. See the Seattle Public Schools website (http://bit.ly/sps_student_transportation) or call 206-252-0900 for more information.

**CHILD CARE HOTLINE: 206-684-4203**
This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

**EQUAL OPPORTUNITY PROVIDER**
In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA’s TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 1-800-877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at https://www.ascr.usda.gov/filing-program-discrimination-complaint-usda-customer and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1 Independence Avenue, SW, Washington, D.C. 20250-9410
2. fax: 202-690-7442
3. email: program.intake@usda.gov.

---

**CAMP INFORMATION**

**EARLY DISMISSALS**
Please contact your local community center for details about early dismissals.

**BREAK CAMPS: (7 a.m.-6 p.m.)**
**SPRING BREAK CAMP | 4/13-4/17/2020**
Fee: $235/week

**Note:** Not all sites offer the camp mentioned above. Please check with your community center for details.

**FALL 2020**

**FALL 2020 REGISTRATION BEGINS ON MAY 5, 2020!**
Check with your local community center with their offerings after March 24, 2020.
SUMMER CAMPS

Do you want your child to have fun, engaging opportunities that will support continued learning and personal growth over the summer months? The atmosphere at camp is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. Our trained staff works daily to offer enrichment activities in areas such as: arts and culture, environmental stewardship, health and fitness, field trips, swimming, and more.

Our summer day camps will be offered for up to 11 weeks, with new themes available each week! Check with your local community center for a detailed description of the various offerings.

DETAILS:
» Ages: 5 through 12 years
» Operating Hours: 7 a.m. to 6 p.m.
» Cost: $240/week
   ($192 for 4-day weeks of July 4 and September 4.)
   *There is a one-time $24 non-refundable registration fee for the whole summer at each camp location. This fee will not be applied to weekly camp fees.*
» First day of Summer Day Camp: June 22, 2020
» A morning and afternoon snack will be provided daily. Parents are to provide a daily well-balanced lunch. No refrigeration or microwave/oven for lunches will be available.
» All SAC Summer Camps will be closed on Friday, July 3 in observation of Independence Day and Friday, September 4

REGISTRATION INFO:
» Registration begins April 7. Register early as camps will fill-up quickly!
» Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
» At the time of registration a $24 non-refundable registration fee will be collected. This one-time fee covers the entire summer for the SAC Summer Camps listed below.
» Scholarship applications may be picked up at your local community center. DCYF - Department of Children, Youth, and Families (previously DSHS) child care subsidies are also accepted.
<table>
<thead>
<tr>
<th>Week</th>
<th>GARFIELD</th>
<th>JEFFERSON</th>
<th>RAINIER</th>
<th>RAINIER @ JOHN MUIR</th>
<th>RAINIER BEACH</th>
<th>VAN ASSELT</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/22-6/26</td>
<td>BLAST OFF!</td>
<td>FREE TO BE YOU, FREE TO BE ME!</td>
<td>GET IN THE GAME</td>
<td>ON YOUR MARKS... GET SET... GO!</td>
<td>SOMEWHERE OVER THE RAINBOW</td>
<td>ON YOUR MARKS... GET SET... GO!</td>
</tr>
<tr>
<td>6/29-7/3*</td>
<td>LAND BEFORE TIME</td>
<td>WRITER'S WORKSHOP</td>
<td>IMAGINATION STATION</td>
<td>DREAM TEAM</td>
<td>ON YOUR MARKS... GET SET... GO!</td>
<td>LIL' CHEFS</td>
</tr>
<tr>
<td>7/6-7/10</td>
<td>TIME TRAVELERS</td>
<td>GET IN THE GAME</td>
<td>ON YOUR MARKS... GET SET... GO!</td>
<td>DEEP BLUE</td>
<td>LAND BEFORE TIME</td>
<td>LANGUAGE LAB</td>
</tr>
<tr>
<td>7/13-7/17</td>
<td>LIL' CHEFS</td>
<td>FARM FABULOUS</td>
<td>FANTASTICAL FAIRYTALES</td>
<td>BLAST OFF!</td>
<td>IMAGINATION STATION</td>
<td>SPLISH SPLASH</td>
</tr>
<tr>
<td>7/20-7/24</td>
<td>IMAGINATION STATION</td>
<td>PNW EXPLORERS</td>
<td>LIL' CHEFS</td>
<td>CRAFTY CREATORS</td>
<td>GET IN THE GAME</td>
<td>CREEPY CRAWLERS</td>
</tr>
<tr>
<td>7/27-7/31</td>
<td>CRAFTY CREATORS</td>
<td>SPLISH SPLASH</td>
<td>SERIOUSLY SILLY SCIENCE</td>
<td>FARM FABULOUS</td>
<td>SPLISH SPLASH</td>
<td>BLAST OFF!</td>
</tr>
<tr>
<td>8/3-8/7</td>
<td>SERIOUSLY SILLY SCIENCE</td>
<td>LIL' CHEFS</td>
<td>SPLISH SPLASH</td>
<td>FREE TO BE YOU, FREE TO BE ME!</td>
<td>FREE TO BE YOU, FREE TO BE ME!</td>
<td>FARM FABULOUS</td>
</tr>
<tr>
<td>8/10-8/14</td>
<td>DREAM TEAM</td>
<td>SOMEWHERE OVER THE RAINBOW</td>
<td>FARM FABULOUS</td>
<td>SPLISH SPLASH</td>
<td>FARM FABULOUS</td>
<td>IMAGINATION STATION</td>
</tr>
<tr>
<td>8/17-8/21</td>
<td>DEEP BLUE</td>
<td>WE’VE GOT THE BEAT</td>
<td>THE WHEEL'S ON THE BUS</td>
<td>THE WHEELS ON THE BUS</td>
<td>SUMMERTIME SUPERHEROES</td>
<td>DEEP BLUE</td>
</tr>
<tr>
<td>8/24-8/28</td>
<td>THAT'S A WRAP!</td>
<td>THAT'S A WRAP!</td>
<td>THAT'S A WRAP!</td>
<td>YOU CAN BUILD IT!</td>
<td>RAINIER BEACH'S GOT TALENT!</td>
<td>THAT'S A WRAP!</td>
</tr>
</tbody>
</table>

*Short Week due to July 4.
VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, 206-684-4788.

.FileWriter

PLEASE REGISTER EARLY TO AVOID DISAPPOINTMENT.

SOMETIMES COURSES ARE CANCELED BECAUSE PEOPLE WAIT TOO LONG TO REGISTER!

TOTS

DANCE TOGETHER WITH MOVING MINDS

Ages 1½-3

Bond with your child through movement and creative play. Join us to improve coordination and social skills in classes that seamlessly blend teacher-directed activities with child-led explorations and discoveries. When ready, your child may take the class independently.

#35402 4/6-6/8 M 4-4:45 p.m. $109
#32864 7/6-7/27 M 4-4:45 p.m. $55

PLAYFUL DANCE WITH MOVING MINDS

Ages 3-4

Through active, imaginative dance play, your child will develop coordination, strength, and stability. In a creative, community-focused classroom, children become confident with ballet-based vocabulary and foundational movement patterns through music, games, and creative exploration.

#35407 4/6-6/8 M 5-5:45 p.m. $109
#35411 4/10-6/12 F 5-5:45 p.m. $122
#32863 7/6-7/27 M 5-5:45 p.m. $55
CREATIVE BALLET WITH MOVING MINDS
Ages 5-6
Starting with foundations learned in Playful Dance, your child will strengthen their confidence, control, musicality, and ability to collaborate. This class introduces children to the ballet barre, more challenging movement combinations, and choreography tools to develop their own movement style.
#35405 4/6-6/8 M 6-6:50 p.m. $109
#32862 7/6-7/27 M 6-6:50 p.m. $55

FORMATIVE BALLET WITH MOVING MINDS
Ages 7-9
With respect for the safety of their body, your child will build a foundational understanding of ballet alignment and strong technique. A combination of traditional ballet structures and creative investigation will cultivate your child’s sense of artistry, self-appreciation, and community. This spring, we’ll tell stories and learn literacy through dance.
#35413 4/10-6/12 F 6-7 p.m. $136

INTRO TO BATON TWIRLING
Ages 6-14
Baton twirling will help your child develop agility, flexibility and coordination while having fun developing routines in a group! We will develop a full routine to perform at our end-of-quarter celebration. Batons are provided or you may bring your own. Participants should wear closed-toe sneakers.
#35395 5/6-6/17 W 3-5 p.m. $150

YOUTH DEVELOPMENT TAEKWONDO
Ages 5-18
Taekwondo promotes positive behaviors and improved life skills. Persistent positive feedback supports and reinforces educational achievement, behavioral change, and community building. We challenge our students to think critically and open their minds to change. Registration is open throughout the season. E-13 required.
#26858 4/20-8/19 M/W 6-7:30 p.m.

DROP-IN: POKEMON CLUB
FREE!
Ages 5 and Older
Calling all Pokémon trainers! Join our gym and learn all about the Pokémon Trading Card Game. Trainers can bring their own Pokémon cards or borrow ours to challenge each other and become the very best. This is a volunteer-run drop-in.
#33015 4/23-6/25 Th 5-6:30 p.m.

MARCUS GARVEY BOOK CLUB
FREE!
Ages 18 and Older
Books are the foundation of knowledge. Come join facilitators Reverend Harriett Walden and Erik Stark of The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical, and African American topics. For more information call 206-380-1710.
#35351 4/21-6/16 Tu 6-8 p.m.

GET F.I.T.
(FITNESS INFUSED TECHNOLOGY)
Ages 18 and Older
Learn the overall benefits of fitness and monitoring using technology to showcase outcomes. Step Aerobics and weights help you build strength, tone muscles and get moving. Using smartwatch-like bands you can monitor heart rate and blood pressure while tracking your progress. Get ready to make goals and celebrate your progress!
#35352 4/22-5/20 W 6-7 p.m. $25
#35354 5/27-6/24 W 6-7 p.m. $25

CIRCUIT TRAINING
Ages 50 and older
Become a stronger you! Circuit training strengthens your major muscle groups as you rotate among training stations.
#33902 4/10-5/19 F 10:15-11:15 a.m. $66
VOLUNTEER AND COMMUNITY SUPPORT NEEDED!
We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, 206-233-0042.

**TOT DRAWING AND PAINTING**
Ages 4-5
Children will learn beginning art skills such as how to properly hold a paintbrush and how to draw. This class is a perfect introduction to art for your tot!

- #34762 4/6-4/27 M 4:15-5 p.m. $36
- #34761 5/4-5/18 M 4:15-5 p.m. $27
- #34763 6/1-6/29 M 4:15-5 p.m. $45
- #34946 7/6-7/27 M 4:15-5 p.m. $36
- #34947 8/3-8/31 M 4:15-5 p.m. $45

**PRE-BALLE T**
Ages 3-4
Sashay your way into the world of classical ballet. This class will teach kids the basic elements of movement and ballet. Students will improve their coordination and balance while learning terminology and ballet etiquette. Jump into class to learn what it’s like to be a real ballerina!

- #34759 4/9-4/30 Th 5:15-6 p.m. $36
- #34758 5/7-5/28 Th 5:15-6 p.m. $36
- #34760 6/4-6/25 Th 5:15-6 p.m. $36
- #34944 7/2-7/30 Th 5:15-6 p.m. $45
- #34945 8/6-8/27 Th 5:15-6 p.m. $36

PLEASE REGISTER EARLY TO AVOID DISAPPOINTMENT.

SOMETIMES COURSES ARE CANCELED BECAUSE PEOPLE WAIT TOO LONG TO REGISTER!
YOUTH

FINE ART DRAWING
Ages 6-12
Learn to draw through lessons that encourage advancements in motor skills, creativity, and self-confidence. Transform simple objects into wonderful works of art using a variety of media such as ink, pencil, charcoal, watercolor, oil, and chalk.

#34736  4/6-4/27  M  5-6 p.m.  $48
#34737  4/1-4/29  W  5-6 p.m.  $60
#34734  5/4-5/18  M  5-6 p.m.  $36
#34735  5/6-5/27  W  5-6 p.m.  $48
#34738  6/1-6/29  M  5-6 p.m.  $60
#34739  6/3-6/24  W  5-6 p.m.  $48
#34928  7/6-7/27  M  5-6 p.m.  $48
#34931  7/1-7/29  W  5-6 p.m.  $60
#34930  8/3-8/31  M  5-6 p.m.  $60
#34929  8/5-8/26  W  5-6 p.m.  $48

DROP-IN: NATURE CLUB
Ages 5-12
Come explore and learn about our connection to nature through the five senses. Engage in science, technology, engineering, art, and mathematics.

#34726  4/3-4/24  F  4:30-6 p.m.  FREE!
#34725  5/1-5/29  F  4:30-6 p.m.  FREE!
#34727  6/5-6/26  F  4:30-6 p.m.  FREE!
#34920  7/10-7/31  F  4:30-6 p.m.  FREE!
#34921  8/7-8/28  F  4:30-6 p.m.  FREE!

BALLET 1
Ages 5-7
This is a beginning class is for boys and girls. Ballet vocabulary will be used as students learn fun, energetic, and expressive dances. Elements of this class incorporate traditional ballet barre and center-floor work.

#34710  4/9-4/30  Th  6-7 p.m.  $48
#34709  5/7-5/28  Th  6-7 p.m.  $48
#34711  6/4-6/25  Th  6-7 p.m.  $48
#34906  7/2-7/30  Th  6-7 p.m.  $60
#34907  8/6-8/27  Th  6-7 p.m.  $48

BALLET 2
Ages 6-10
Students with previous experience continue to study basic classical ballet technique. Ballet 2 students learn more complex and challenging steps. Students learn discipline, confidence, flexibility, dedication, and coordination.

#34713  4/7-4/28  Tu  5:45-6:45 p.m.  $48
#34712  5/5-5/26  Tu  5:45-6:45 p.m.  $48
#34714  6/2-6/30  Tu  5:45-6:45 p.m.  $60
#34908  7/7-7/28  Tu  5:45-6:45 p.m.  $48
#34909  8/4-8/25  Tu  5:45-6:45 p.m.  $48

MULTIGENERATIONAL
8 ANIMAL/8 METHODS KUNG-FU
Ages 12 and Older
Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung Fu. Learn the effective, classical techniques from the style of 8 Animals and 8 Methods.

#34707  4/7-4/28  Tu  7-8 p.m.  $36
#34706  5/5-5/26  Tu  7-8 p.m.  $36
#34708  6/2-6/30  Tu  7-8 p.m.  $45
#34904  7/7-7/28  Tu  7-8 p.m.  $36
#34905  8/4-8/25  Tu  7-8 p.m.  $36

Drop-in Fee: $10
# PIANO

**Ages 6 and Older**

Learn to play the electronic keyboard in these 30-minute private lessons that are offered monthly. Our instructors will tailor instruction to each student’s needs and level. Please note payment is required prior to the start of each session. Time slots guaranteed upon payment.

<table>
<thead>
<tr>
<th>#</th>
<th>Start Date</th>
<th>Day</th>
<th>Session Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>34747</td>
<td>4/6-4/27</td>
<td>M</td>
<td>3-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34750</td>
<td>4/7-4/28</td>
<td>Tu</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34751</td>
<td>4/1-4/29</td>
<td>W</td>
<td>3-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34749</td>
<td>4/9-4/30</td>
<td>Th</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34746</td>
<td>4/3-4/24</td>
<td>F</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34748</td>
<td>4/4-4/25</td>
<td>Sa</td>
<td>10 a.m.-5 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34741</td>
<td>5/4-5/18</td>
<td>M</td>
<td>3-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34744</td>
<td>5/5-5/26</td>
<td>Tu</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34745</td>
<td>5/6-5/27</td>
<td>W</td>
<td>3-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34743</td>
<td>5/7-5/28</td>
<td>Th</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34740</td>
<td>5/1-5/29</td>
<td>F</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34742</td>
<td>5/2-5/30</td>
<td>Sa</td>
<td>10 a.m.-5 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34753</td>
<td>6/1-6/29</td>
<td>M</td>
<td>3-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34756</td>
<td>6/2-6/30</td>
<td>Tu</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34757</td>
<td>6/3-6/24</td>
<td>W</td>
<td>3-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34755</td>
<td>6/4-6/25</td>
<td>Th</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34752</td>
<td>6/5-6/26</td>
<td>F</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34754</td>
<td>6/6-6/27</td>
<td>Sa</td>
<td>10 a.m.-5 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34933</td>
<td>7/6-7/27</td>
<td>M</td>
<td>3-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34936</td>
<td>7/7-7/28</td>
<td>Tu</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34937</td>
<td>7/1-7/29</td>
<td>W</td>
<td>3-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34935</td>
<td>7/2-7/30</td>
<td>Th</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34932</td>
<td>7/10-7/31</td>
<td>F</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34934</td>
<td>7/11-7/25</td>
<td>Sa</td>
<td>10 a.m.-5 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34939</td>
<td>8/3-8/31</td>
<td>M</td>
<td>3-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34942</td>
<td>8/4-8/25</td>
<td>Tu</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34943</td>
<td>8/5-8/26</td>
<td>W</td>
<td>3-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34941</td>
<td>8/6-8/27</td>
<td>Th</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34938</td>
<td>8/7-8/28</td>
<td>F</td>
<td>3-8:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>34940</td>
<td>8/1-8/29</td>
<td>Sa</td>
<td>10 a.m.-5 p.m.</td>
<td>$30</td>
</tr>
</tbody>
</table>

---

**EXPLORE THE WILD SIDE OF SEATTLE THROUGH YOUR ENVIRONMENTAL LEARNING CENTERS!**

Many Seattle parks now have programs for adults and families focusing on the natural and cultural history of Puget Sound and your role in that history. Contact an environmental learning center to learn more about these unique programs.

- **DISCOVERY PARK**
  - 206-386-4236
  - 3801 Discovery Park Blvd
  - [discover@seattle.gov](mailto:discover@seattle.gov)
  - located 5 miles northwest of downtown Seattle
  - 8 miles of trails
  - ponds, saltwater beaches, forests, and meadows

- **CARKEEK PARK**
  - 206-684-0877
  - 950 NW Carkeek Park Road
  - [carkeek.park@seattle.gov](mailto:carkeek.park@seattle.gov)
  - located in North Seattle
  - roam the trails
  - play at the playground
  - explore the historic Piper’s Orchard

- **CAMP LONG**
  - 206-684-7434
  - 5200 35th Ave SW
  - [camplong@seattle.gov](mailto:camplong@seattle.gov)
  - located in West Seattle
  - 68-acre forested park with hiking trails
  - climbing rock with instructors
  - rustic cabins for rent
  - wetlands loaded with frogs and salamanders
  - campfire programs

---

Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at: [http://www.seattle.gov/parks/find/environmental-education-and-outdoor-learning](http://www.seattle.gov/parks/find/environmental-education-and-outdoor-learning)
VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, 206-684-7481.

**TOTS**

**BUSY BEE SOCCER**

*Ages 3-5*

Basics of soccer are introduced using games, obstacles, and mini-matches. Your child will increase their self-esteem and build a love for the game in a non-competitive environment with emphasis on cooperation and participation. Parental supervision required.

- #35307 4/7-5/12 Tu 5-5:45 p.m. $48
- #35416 5/19-6/23 Tu 5-5:45 p.m. $48
- #35418 6/30-8/18 Tu 5-5:45 p.m. $64

**LITTLE HOOPERS**

*Ages 3-5*

Get off to a great sporting start with your preschooler! This coed program eases your child into the world of basketball. Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility. Parental supervision required. No class on 5/25.

- #35326 4/6-5/11 M 5-5:45 p.m. $48
- #35327 5/18-6/22 M 5-5:45 p.m. $48
- #35422 6/29-8/17 M 5-5:45 p.m. $64

register online at seattle.gov/parks | SPRING/SUMMER 2020 | 29
YOUTH

PIANO LESSONS
Ages 5-12
One-on-one piano lessons for beginning to advanced students. One half-hour lesson per week. Scholarships are available.

#35343 4/9 - 6/11 Th 6-6:30 p.m. $300
#35344 4/9 - 6/11 Th 6:30-7 p.m. $300
#35345 4/9 - 6/11 Th 7-7:30 p.m. $300
#35346 4/9 - 6/11 Th 7:30-8 p.m. $300
#35335 4/10 - 6/2 F 4-4:30 p.m. $300
#35336 4/10 - 6/2 F 4:30-5 p.m. $300
#35338 4/10 - 6/2 F 5-5:30 p.m. $300
#35337 4/10 - 6/2 F 5:30-6 p.m. $300
#35339 4/10 - 6/2 F 6-6:30 p.m. $300
#35340 4/10 - 6/2 F 6:30-7 p.m. $300
#35341 4/10 - 6/2 F 7-7:30 p.m. $300
#35342 4/10 - 6/2 F 7:30-8 p.m. $300
#35433 6/25 - 8/27 Th 6-6:30 p.m. $300
#35435 6/25 - 8/27 Th 6:30-7 p.m. $300
#35436 6/25 - 8/27 Th 7-7:30 p.m. $300
#35437 6/25 - 8/27 Th 7:30-8 p.m. $300
#35424 6/27 - 8/28 F 4-4:30 p.m. $270
#35425 6/27 - 8/28 F 4:30-5 p.m. $270
#35426 6/27 - 8/28 F 5-5:30 p.m. $270
#35427 6/27 - 8/28 F 5:30-6 p.m. $270
#35428 6/27 - 8/28 F 6-6:30 p.m. $270
#35429 6/27 - 8/28 F 6:30-7 p.m. $270
#35430 6/27 - 8/28 F 7-7:30 p.m. $270
#35431 6/27 - 8/28 F 7:30-8 p.m. $270

JUNIOR HOOPERS
Ages 6-7
Want to learn how to dribble, shoot, and play defense? Emphasis is placed on the fundamentals of the game while encouraging teamwork and sportsmanship. Parental supervision required.

#35322 4/8-5/13 W 5-5:45 p.m. $48
#35323 5/20-6/24 W 5-5:45 p.m. $48
#35419 7/1-8/19 W 5-5:45 p.m. $48

BRAZILIAN JIU JITSU
Ages 5-12
This grappling martial art teaches that a smaller person can successfully defend against a bigger assailant by using proper technique and leverage. Your child will build confidence as we emphasize healthy living, self-discipline, and integrity through the fun medium of martial arts and meditation.

#35306 4/7-6/9 Tu 4:40-5:30 p.m. $80
#35410 6/23-8/25 Tu 4:40-5:30 p.m. $80

TEENS

COOKING CLUB
FREE!
Ages 11-19
Learn how to cook the basics and try new ideas in creating your own signature dish.

4/1-5/27 W 4-6 p.m.

PEER TUTORING CLUB
FREE!
Ages 11-19
Teens will work together and help each other with homework while making new friends.

4/7-6/26 Tu 4-6 p.m.

JEFFERSON TEEN ADVISORY COUNCIL
FREE!
Ages 11-19
Be part of a team and organize, plan, and fundraise for special events. You’ll learn to be a leader, engage in teamwork, and solve problems.

4/1-5/27 W 4-6 p.m.

COMMUNITY AMBASSADORS LEADERS
FREE!
Ages 11-19
Activate your community by mentoring other students learning English, decide on a community service project, learn leadership skills, and plan work-shops and an intergenerational project.

4/6-6/5 M/W/F 4-6 p.m.

ADVENTURE WEDNESDAY & FRIDAY
FREE!
Ages 11-19
Come and join us to explore different places and do different things. We’ll take the first ten people that sign up. Must have E13 permission slipped filled out and turned in.

4/1-8/26 W/F 4-6 p.m.
KYAKING AT MT. BAKER ROWLING AND SAILING
Ages 11-19
Meet new friends, learn how to kyak, relax, and enjoy the scenery. Must pass a float test and have an E13 permission slip. Sign up with Jean Lee 206-684-7481. Limited spaces available.
6/30-7/24 Tu/F 12:30 p.m.

SEAFAIR VOLUNTEER SERVICE
Ages 14-19
Meet new friends, work as a team, and learn about safety.
7/27-8/2

ADULTS

ADULT BEGINNING/INTERMEDIATE WHEEL
Ages 18 and Older
Never taken a wheel class before or it’s been a while since you have? Jefferson CC pottery room is the place to be! Learn how to make cups, bowls and more in this relaxed and supportive environment. Come and express your creativity!

#35303 3/30-6/1 M 5:30-8:30 p.m. $297
#35304 3/31-6/2 Tu 10 a.m.-1 p.m. $330
#35401 6/15-8/3 M 5:30-8:30 p.m. $264
#35404 6/16-8/4 Tu 10 a.m.-1 p.m. $264

ADULT ADVANCED WHEEL
Ages 18 and Older
Expand your technical skills and gain a greater understanding of the aesthetics of form, with one-on-one guidance and extensive individual attention by an experienced instructor. Prerequisite: Instructor Approval. Must have previous wheel experience with ability to center clay and throw independently.

#35302 4/1-6/3 W 5:30-8:30 p.m. $330
#35400 6/17-8/5 W 5:30-8:30 p.m. $264

ADULT HANDBUILDING
Ages 18 and Older
Unwind and get your hands in clay as you relax from your day and unleash your creative soul! The class teaches the basics of coil pots, molds, slab building, attaching, and much more! All levels are welcome, even if you are a total beginner!

#35541 3/31-6/2 Tu 5:30-8:30 p.m. $330
#35408 6/16-8/4 Tu 5:30-8:30 p.m. $264

KUNDALINI YOGA
Ages 18 and Older
Kundalini Yoga is a physical and meditative discipline, comprising a set of techniques that use the mind, senses and body to create a communication between ‘mind’ and ‘body’.

#35325 4/13-6/15 M 6-7 p.m. $64
#35421 6/22-8/31 M 6-7 p.m. $64

PILATES
Ages 18 and Older
Looking for a class that will help build your core?! Using only your own body weight and gravity, the mat work will tone, strengthen and lengthen your entire body! Please bring your own mat and water bottle.

#35347 4/7-6/9 Tu 9-10 a.m. $80
VOLUNTEER AND COMMUNITY SUPPORT NEEDED!
We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer to teach a program, assist in general at the Center, help with special events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.
Ask to speak with Staci Doan at 206-386-1919.

Sport Coaches, Tutors, Art Class Instructors, Marketing Assistant, Advisory Council positions, and more open now! Call and schedule a time to meet with us for more information on applying.

PARENT AND TOT DANCE AND MUSIC
Ages 6 months - 3 years
Using music, props and brain-integrated dance games, this class strengthens bodies, minds and souls of little ones by providing a safe and positive environment for your child to explore their body in relation to others. Parents should attend class with their little ones to bond and assist in their participation!

#34424 4/7-5/19 Tu 10:15-11 a.m.  $53
#34425 7/14-9/1 Tu 10:15-11 a.m.  $60

MISS CHARLOTTE’S MUSIC FOR TOTS
Ages 6 months - 4 years
Let your little ones learn music the easy/fun way and release your own inner diva at the same time! Children ages 6 months through 4 years will have the opportunity to learn basic musical skills while playing, moving, and interacting with each other and their parents. Grown-ups wear comfortable clothing and come prepared to move and sing. Siblings up to 6 months of age can attend free. A seasonal CD and songbook are included in cost of this class. No class 5/23.
#34396 4/18-6/20 Sa 10:30-11:15 a.m.  $120
CREATIVE BALLET
Ages 3-5
An introduction to ballet using movement and music, props, and brain-integrated dance games. This class strengthens bodies, minds, and souls of little ones by providing a safe and positive environment for your child to explore their body in relation to space, sound, and others.
#34420 4/7-5/19 Tu 11:15 a.m.-Noon $54
#34421 7/14-9/1 Tu 11:15 a.m.-Noon $60

YOUTH

BALLET
Ages 5-7
Students learn traditional ballet curriculum set to classical music. Through the use of music, props and brain-integrated dance games, this class strengthens bodies, minds, and souls of dancers by providing a safe and positive environment for your child to explore their body in relation to others.
#34418 4/9-5/14 Th 5:15-6 p.m. $45
#34419 7/16-9/3 Th 5:15-6 p.m. $60

HIP HOP
Ages 5-7
This class uses movement and hip-hop music to stimulate brain reflexes, teach social/emotional learning skills, and encourage joy and self-expression. Using music, props and brain-integrated dance games, this class strengthens bodies, minds and souls of dancers by providing a safe and positive environment for your child to explore their body in relation to others.
#34422 4/9-5/14 Th 4:15-5 p.m. $45
#34423 7/16-9/3 Th 4:15-5 p.m. $60

MOVE & GROOVE!
Ages 3-10
Drawing from a variety of dance methods, we’ll learn basic principles of alignment, some fun moves, and work on strength and flexibility. Open Level - beginners welcome! Wear appropriate dance attire: tights, bodysuit or form-fitting t-shirt, bare feet recommended. Long hair must be tied back. No Class 5/23.
#34429 4/18-6/20 Sa 11:30 a.m.-12:30 p.m. $120

SEMI-PRIVATE VOICE LESSONS
Ages 5-13
Learn and practice vocal techniques in small groups of 2 or 3. Your confidence in yourself and your abilities will grow as you learn the correct ways to use your vocal instrument. Students may pick songs from their favorite genres.
Ages 5-8
#34563 4/1-5/6 W 6-6:30 p.m. $82
#34564 5/13-6/17 W 6-6:30 p.m. $98
#34566 6/24-7/29 W 6-6:30 p.m. $98
Ages 10-13
#34555 4/1-5/6 W 6:30-7 p.m. $82
#34556 5/13-6/17 W 6:30-7 p.m. $98
#34558 6/24-7/29 W 6:30-7 p.m. $98

JUNIOR HOOPERS
Ages 6-9
Let’s dribble, shoot, and play defense! We will focus on the fundamental techniques of basketball while increasing physical fitness and encouraging teamwork and sportsmanship.
#34404 4/1-5/6 W 5:30-6:30 p.m. $48
#34405 5/13-6/17 W 5:30-6:30 p.m. $42

TANG SOO DO KARATE
Ages 9-11
Begin this amazing journey and reap the benefits of self-discovery, fitness, and the ability to defend yourself. Each student will take their own unique journey to black belt. Additional fees due before the 2nd class include: $39 for a uniform and $35 to join the WTSDA (World Tang Soo Do Association), and receive your official patch.
#34408 4/7-6/16 Tu 6-7 p.m. $39
#34446 6/23-9/1 Tu 6-7 p.m. $39

Register online at seattle.gov/parks | SPRING/SUMMER 2020 | 33
## TEENS

### DROP-IN ICE CREAM SOCIAL
**FREE!**
**Ages 9-14**
Youth will have fun learning the process of making ice cream and other frozen treats using fresh ingredients. They’ll gather with friends to enjoy their creations for a sweet ending.

- #35039 4/8-6/10 W 2-4 p.m.
- #35040 7/8-8/19 W 1:30-3:30 p.m.

### ENERGY BUILDING
**FREE!**
**Ages 9-18**
Explore, experiment, and discover alternative energy sources including wind, solar, and hydro power. Each participant will build energy producing machines—a car, a water mill, or a windmill—and take it home. Join one or all three programs! Participants must attend all classes within the program(s) they choose in order to complete their project. Materials are provided. Please register at the front desk.

#### HYDRO/ELECTRIC CAR
**Ages 9-15**
- #35003 4/27-4/29 M/W 4-5:30 p.m.

#### HYDRO POWER MILL
**Ages 10-15**
- #35006 5/4-5/15 M/W/F 4-5 p.m.

#### THE POWER OF WIND – WIND MILL
**Ages 12-18**
- #35007 5/18-5/22 M/W/F 4-5 p.m.

### MIXCAMP
**FREE!**
**Ages 11-19**
Learn the elements of DJ’ing and the finer points of being a music mixologist. We’ll learn programming, mixing and scratching and more. Teens will also learn the setup and breakdown of the equipment. Equipment provided. Register today!

- #35034 4/7-4/28 Tu/Th 5-6:30 p.m.

### URBAN ANGLING
**FREE!**
**Ages 9-15**
The primary focus of the Urban Angling Program is to introduce freshwater angling to youth. Points of emphasis are knot tying, bit selection, resource management and conservation. Urban Anglers will be instructed on the significance of these core tenets to facilitate a positive experience with angling and to ensure a lifelong appreciation for the recreational activity. Equipment provided. Register at the front desk.

- #35035 5/6-5/30 W/Sa 3 p.m.-Noon

### GOJU RYU KARATE
**FREE!**
**Ages 7 and Older**
Build self-confidence and stay fit while learning the basic skills and forms of this style of karate. Beginning and continuing students are welcome. No class 5/25.

- #34403 4/1-6/17 M/W 7:15-8:45 p.m.
- #34431 6/24-9/2 M/W 7:15-8:45 p.m.

### TANG SOO DO KARATE
**Ages 12 and Older**
Begin this amazing journey and reap the benefits of self-discovery, fitness, and the ability to defend yourself. Each student will take their own unique journey to black belt. Additional fees due before the 2nd class include: $39 for a uniform and $35 to join the WTSDA (World Tang Soo Do Association), when you will receive your official patch. No class 4/2.

- #34411 4/7-6/16 Tu 7-8 p.m. $39
- #34444 6/23-9/1 Tu 7-8 p.m. $39

Please register early to avoid disappointment.

Sometimes courses are canceled because people wait too long to register!
PERSONAL MUSIC
Ages 5 and Older
Learn to play piano, drums, guitar, bass guitar, or all four! Lessons are tailored to each student’s needs and experience. Payment is required prior to the start of a session. *Drum, guitar, and bass guitar are only available on Mondays and Saturdays. No class 5/25, 7/4, and 9/7.

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>#34417</td>
<td>4/4-6/20</td>
<td>Sa</td>
<td>9 a.m.-1:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>#34416</td>
<td>4/4-6/20</td>
<td>Sa</td>
<td>2:30-5 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>#34413</td>
<td>4/6-6/15</td>
<td>M</td>
<td>2:30-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>#34414</td>
<td>4/7-6/16</td>
<td>Tu</td>
<td>4-8 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>#34415</td>
<td>4/9-6/18</td>
<td>Th</td>
<td>4-7 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>#34437</td>
<td>6/22-8/31</td>
<td>M</td>
<td>2:30-9 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>#34438</td>
<td>6/23-9/1</td>
<td>Tu</td>
<td>4-8 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>#34439</td>
<td>6/25-9/3</td>
<td>Th</td>
<td>4-7 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>#34440</td>
<td>6/27-9/5</td>
<td>Sa</td>
<td>9 a.m.-1:30 p.m.</td>
<td>$30</td>
</tr>
<tr>
<td>#34441</td>
<td>6/27-9/5</td>
<td>Sa</td>
<td>2:30-5 p.m.</td>
<td>$30</td>
</tr>
</tbody>
</table>

SEMI-PRIVATE VOICE LESSONS
Ages 14 and Older
Learn and practice vocal techniques in small groups of 2 or 3. Your confidence in yourself and your abilities will grow as you learn the correct ways to use your vocal instrument. Students may pick songs from their favorite genres.

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>#34560</td>
<td>4/1-5/6</td>
<td>W</td>
<td>7-7:30 p.m.</td>
<td>$82</td>
</tr>
<tr>
<td>#34561</td>
<td>5/13-6/17</td>
<td>W</td>
<td>7-7:30 p.m.</td>
<td>$98</td>
</tr>
<tr>
<td>#34562</td>
<td>6/24-7/29</td>
<td>W</td>
<td>7-7:30 p.m.</td>
<td>$98</td>
</tr>
</tbody>
</table>

RECTECH: OPEN DROP-IN
All Ages
Open access to the internet, computers, and productivity software including Microsoft Office, Adobe Photoshop, and more, for all ages youth to senior. Whether you want to work on your own, or would like help using these or other technologies such as smartphones, laptops, tablets, email, social media, etc., our lab staff is here to help.

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>Noon -3 p.m.</td>
<td></td>
</tr>
<tr>
<td>Tu/F</td>
<td>Noon -4 p.m.</td>
<td></td>
</tr>
<tr>
<td>Thu</td>
<td>Noon -2p.m. and 3:15-5 p.m.</td>
<td></td>
</tr>
</tbody>
</table>

DROP-IN: HIP HOP SPIN CLASS
Ages 16 and Older
Endure intervals, hills, and sprints combined with upper body movements to spike your heart rate from start to finish for a full-body workout set to hip hop and R&B. Good for all levels, you’ll make progress toward your fitness goals and challenge yourself to get results. This class is offered for free due to the Get Moving Grant. First come, first served, but you may reserve your bike up to 1 hr early.

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>#34397</td>
<td>4/1-6/17</td>
<td>W</td>
<td>6-7 p.m.</td>
</tr>
<tr>
<td>#34398</td>
<td>4/1-6/17</td>
<td>W</td>
<td>7-8 p.m.</td>
</tr>
<tr>
<td>#34432</td>
<td>6/24-9/2</td>
<td>W</td>
<td>6-7 p.m.</td>
</tr>
<tr>
<td>#34378</td>
<td>6/24-9/2</td>
<td>W</td>
<td>6-7 p.m.</td>
</tr>
</tbody>
</table>

FREE!
VOLUNTEER AND COMMUNITY SUPPORT NEEDED!
We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.
Ask to speak with the Coordinator, 206-386-1925.

TOTS
LITTLE HOOPERS
Ages 3-5
Get off to a great sporting start with your preschooler! This coed program eases your child into the world of basketball. Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility.

#29901 4/10-5/8 F 5-5:45 p.m. $50
#29902 5/15-6/12 F 5-5:45 p.m. $50
#30441 6/26-7/24 F 5-5:45 p.m. $40
#30442 7/31-8/28 F 5-5:45 p.m. $50
**YOUTH**

**SHOTOKAN KARATE**
Ages 6-8
Have fun learning traditional Japanese Shotokan karate. Martial arts training will improve your self-confidence and concentration in all parts of life. Open to all ages and all skill levels. Participants test for belt rank at their own pace.

Ages 6-8
#29903 4/9-5/7 Th 5:45-6:15 p.m. $30
Ages 9 and Older
#29905 4/9-5/7 Th 6:15-7:15 p.m. $40

**JUNIOR HOOPERS**
Ages 6-7
This class emphasizes the fundamentals including ball handling, shooting techniques, and footwork while increasing endurance. This course encourages teamwork and sportsmanship and includes fun scrimmages at the end of the quarter. Parental supervision required.

#29899 4/10-5/8 F 6-7 p.m. $45
#29900 5/15-6/12 F 6-7 p.m. $45
#30439 6/26-7/24 F 6-7 p.m. $36
#30440 7/31-8/28 F 6-7 p.m. $45

**SYRF GIRLS BASKETBALL SKILLS**
Ages 7-10
Athletes will learn fundamentals, conditioning, ball handling, and shooting. We will also focus on good nutrition and physical well-being while having fun. This class is good for all skill levels.

Ages 7-10
#29909 4/13-6/4 M/Th 6-7:15 p.m. $85
#29910 4/13-6/4 M/Th 6-7:15 p.m. $85
Ages 11-14
Location: SOUTH SHORE SCHOOL 131, 4800 S HENDERSON ST 98118 (LARGE GYM).
#29907 4/13-6/4 M/Th 7-8:30 p.m. $85
#29908 4/13-6/4 M/Th 7-8:30 p.m. $85

**TEENS**

**DRILLS AND SKILLS**
Ages 11-18
The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop basketball, academic, social, and leadership skills. Drills and Skills application, E-13, and concussion form required.

#29894 4/7-6/16 Tu 3-5:30 p.m.

**VISIONS: A PHOTOGRAPHY PROGRAM**
Ages 11-14
This introduction to photography uses digital camera phones and basic film cameras. We’ll learn the history of photography, print production for making black-and-white and color photographs, and framing and cropping techniques. No prior photography experience is required! Students will be using their camera phones. Film camera is provided.

#34313 4/21-6/9 Tu 3-4:30 p.m.

**DROP-IN COMPUTER LAB YOUTH**
Ages 9-18
During open hours, RecTech offers free time to use our technology resources for your own personal and professional needs. Please be aware that the labs are used by both young and old and some websites may be unavailable due to inappropriate content for minors.

#29896 4/1-6/17 M-F 1:30-6:30 p.m.

**HOMEWORK HELP**
Ages 13-18
Library too crowded to find a spot to work on homework? Hard to focus at home? Come to our RecTech Lab! Our lab is equipped with the latest versions of Microsoft Office, Adobe Premium Design Suite and a black and white printer to ensure your homework time is productive.

#29898 4/6-6/25 M-F 3-4 p.m.
STEM PROJECTS
Ages 11-14
Sign up and explore your creativity with cool technology tools in 3D design, art, coding, and more! Access, create, connect with friends.
#30385 4/6-6/15 M 2:30-4:30 p.m.

COOKING AT THE BEACH
Ages 11-17
Our center’s cooking program focuses on encouraging teens to find healthy alternatives to what they normally eat. Youth will research recipes and be responsible for every element of cooking. This program helps in familiarizing teens with basic cooking instructions and preparation. This cooking program is totally hands-on under the supervision of center staff.
#30398 4/22-6/10 W 3-6 p.m.

RB SWIM CLUB
Ages 11-14
Learn to swim and improve current skills with lessons from Rainier Beach lifeguards. Our swim club focuses on safety, fitness, and fun. This club is for all swim levels. All youth will have a 30 minute lesson session and then 30-minutes of free swim. No class 5/28.
#34320 4/20-6/8 M 3-4 p.m.

TEEN/YOUNG ADULT BOXING
Ages 12-23
Participants learn and develop boxing skills and partake in related fitness and conditioning exercises. All activities and exercises are adjusted to suit the student’s goals and skill level. Participation in contact drills or sparring are NOT required. No experience necessary. Equipment provided.
4/6-6/18 M-Th 4-5:45 p.m.
7/6-8/27 M-Th 4-5:45 p.m.

MULTIGENERATIONAL
FREE!

DETECTIVE COOKIE’S CHESS CLUB
Ages 7 and Older
Children and teens, ages 7 and up, are invited to join the group. Family and community members are also welcome. Drop by to learn and play chess!
#29893 4/4-6/27 Sa Noon-2 p.m.

FAMILY ZUMBA®
Ages 14 and Older
Zumba® fuses fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Join the fitness parties that blends upbeat world rhythms with easy to follow choreography for a total body workout that feels like a celebration! Please arrive early as space is limited.
#29897 4/1-6/24 W 6:30-7:30 p.m.
#30438 7/1-8/26 W 6:30-7:30 p.m.

ADULT BOXING FITNESS CLASSES
FREE!
Ages 24 and Older
Join us as we learn and develop boxing fundamentals and partake in related fitness and conditioning drills. All activities and exercises can be modified to suit the learner’s goals, physical abilities, and skill level. No experience necessary. Non-contact. Equipment provided.
4/6-6/24 M/W 6-7:15 p.m.
7/1-8/26 M/W 6-7:15 p.m.

AEROBICS
Ages 18-75
Get your all-in-one workout; cardio pumping, strength building, and muscle toning, while moving and grooving to booming beats. You’ll have tons of fun with 24-year fitness veteran Noel Montgomery, CMA, PFT, IFPA-certified. See you there.
#29888 4/2-4/30 Tu/Th 6-7 p.m. $40
#29889 5/5-5/28 Tu/Th 6-7 p.m. $35
#29890 6/2-6/30 Tu/Th 6-7 p.m. $40
#30420 7/2-7/30 Tu/Th 6-7 p.m. $40
#30421 8/4-8/27 Tu/Th 6-7 p.m. $35
AEROBICS SPECIAL POPS
Ages 18-75
Get your all-in-one workout; cardio pumping, strength building, and muscle toning, while moving and grooving to booming beats. You’ll have tons of fun with 24-year fitness veteran Noel Montgomery, CMA, PFT, IFPA-certified. See you there. This program fee is for people with a range of disabilities.

#29887 4/2-4/30 Tu/Th 6-7 p.m. $32
#30364 5/5-5/28 Tu/Th 6-7 p.m. $28
#30392 6/2-6/30 Tu/Th 6-7 p.m. $32
#31027 7/2-7/30 Tu/Th 6-7 p.m. $32
#31028 8/4-8/27 Tu/Th 6-7 p.m. $28

DROP IN COMPUTER LAB AND 1 ON 1 HELP
Ages 18 and older
Get one on one tech help! Our computers are equipped with the latest versions of Microsoft Office and Adobe Premium Design Suite. We have a black & white printer in addition to free Wi-Fi. Utilize our community technology lab to stay on top of your email, fill out online forms, do online banking, job search, or plan your next trip!

#29895

register online at seattle.gov/parks | SPRING/SUMMER 2020 | 39
Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.

Are you caring for a loved one living with memory loss? Lifelong Recreation now offers Dementia-Friendly Recreation opportunities!

Find out more at www.seattle.gov/parks/seniors/ where you can download the Lifelong Recreation brochure and sign up for our email newsletter. Contact us at 206-684-4951.
VOLUNTEER AND COMMUNITY SUPPORT NEEDED!
We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.
Ask to speak with the Coordinator, 206-386-1921.

DOUBLE DUTCH
Ages 5-14
Have fun, get moving, and learn basic exercises and skills needed for Double Dutch. We will practice skills including how to enter the rope, do stunts, tricks, routines, speed jumping, and more. Track your progress, make new friends, learn a new skill!
#34513 4/7-6/16 Tu 5-6 p.m.
#34652 6/23-9/8 Tu 5-6 p.m.

SELF-DEFENSE
Ages 6-16
Don’t wait any longer to feel safer and more comfortable in your everyday life. Coach Edmonds has years of experience in multiple martial art disciplines.
#34539 4/3-6/19 F 5:30-6:30 p.m.
#34684 6/26-9/4 F 5:30-6:30 p.m.

DRILLS & SKILLS BASKETBALL CAMP
Ages 8-14
Join us for hours of shooting hoops as we build our skills, develop our fitness, and have fun in the gym. Basketball will be the focus, but this class will save time for team building activities as well. Get in the group!
#31048 7/6-8/20 M-Th 3:30-6:30 p.m.

FREE!
FREE!
FREE!
FREE!
FREE!

register online at seattle.gov/parks | SPRING/SUMMER 2020 | 41
**TEENS**

**DROP-IN: FIELD TRIP FRIDAYS**

**FREE!**

Ages 11-18

On Field Trip Fridays teens have the opportunity to relax, refuel, and reflect on the week-long journey they made it through. Look for activities like bowling, skating, going to the arcade, music, art, seeing a movie, or playing the Play Station 4. And, of course, there’s food and drinks. All teens 11-18 are welcome with a completed E-13 form and a respectful attitude and a lovely smile.

#34638  4/3-6/19  F  3:30-7 p.m.

**DROP-IN: LET’S TALK REAL TALK**

**FREE!**

Ages 11-18

Teens talk about life and school experiences, including what resources, life changes and good decision making will help them to become a success story. Change yourself to change society!

#34639  4/6-6/15  M  4-7 p.m.

**DROP-IN: PROJECT WORLD BUILDER**

**FREE!**

Ages 11-18

Brainstorm, plan, create, and build or draw your vision on what your world would be like in today society.

#34640  4/1-6/17  W  4-7 p.m.
#34656  6/24-9/2  W  4-7 p.m.

**DROP-IN: TEEN PROGRAM SUMMER FIELD TRIPS**

**FREE!**

Ages 11-18

The Teen Program Summer Field Trips include: Bite of Seattle, roller skating, Dance This, Trapeze Show, and local festivals all over the city. E-13 and Teen Program Participant forms are required. Call Ms. Joy @ VACC (206) 386-1921 for dates and times.

#34654  6/26-9/4  F  3-6:30 p.m.

**SUMMER OF SAFETY**

**FREE!**

Ages 11-18

Van Asselt Community Center will offer Summer of Safety (SOS), a free program that provides structured activities and a safe space for young people not connected to other supervised programs over the summer. The program is geared towards serving diverse groups of tweens and teens from low-income families.

M-F  Noon-5 p.m.

**DROP-IN: THE V. A. AROUND THE WORLD CHEFS**

**FREE!**

Ages 11-18

Cooking Classes will raise teen awareness about the risks of eating fast foods vs. the benefits of eating homemade healthy meals. So, come join The Van Asselt New Chefs cooking class where everyone will learn the basics of cooking.

#34641  4/7-6/16  Tu  4-7 p.m.
#34657  6/23-9/1  Tu  4-7 p.m.

**MULTIGENERATIONAL**

**STAMP CAMP**

**FREE!**

Ages 5 and Older

Are you ready to learn different stamp techniques like heat embossing, water coloring, 3D projects, and more? Each month will feature a cultural sharing of drinks and food during the activity. Space is limited to 15, so sign up early!

#34540  4/27  M  6:30-7:30 p.m.
#34541  5/18  M  6:30-7:30 p.m.
#34698  6/29  M  5:30-6:30 p.m.
#34685  7/27  M  5:30-6:30 p.m.
#34686  8/24  M  5:30-6:30 p.m.

**WOMEN’S ONLY ZUMBA®**

**FREE!**

Ages 8 and Older

Inspired by Latin dance and music, Zumba® uses a variety of styles in its routines. Music selections include both fast and slow rhythms to help tone and sculpt the body. *Please consider donating to keep this program running.*

#34544  4/7-6/16  Tu  6-7:30 p.m.
#34549  4/2-6/18  Th  6-7:30 p.m.
#34688  6/23-9/8  Tu  6-7 p.m.
#34687  6/25-9/3  Th  6-7 p.m.

**ALWAYS WINNING FITNESS**

**FREE!**

Ages 5 and Older

Seattle Parks and Recreation, Always Winning Fitness, and Get Moving are sponsoring this fun class which is free to the community and open to the entire family! Bring a mat, water bottle, and a friend! If you don’t have a mat, no worries! We have you covered! The class is for all fitness levels and kid friendly.

#34699  4/4-6/20  Sa  9-10 a.m.
#34700  6/27-9/5  Sa  9-10 a.m.
PERSONAL MUSIC LESSONS
Ages 5 and Older
Learn to play the piano. Lessons are one to one with the instructor and are 30 minutes long. Our instructor will tailor instruction to each student’s needs and experience. Please note: payment is required prior to the start of a session. Time slots are guaranteed upon payment.

#34515 4/6-6/15 M 2:30-3 p.m. $250
#34516 4/6-6/15 M 3:30-4 p.m. $250
#34517 4/6-6/15 M 4:4-30 p.m. $250
#34519 4/6-6/15 M 4:30-5 p.m. $250
#34520 4/6-6/15 M 5:5-30 p.m. $250
#34521 4/6-6/15 M 5:5-30 p.m. $250
#34522 4/6-6/15 M 6-6:30 p.m. $250
#34523 4/6-6/15 M 6:30-7 p.m. $250
#34524 4/6-6/15 M 7-7:30 p.m. $250
#34525 4/6-6/15 M 7:30-8 p.m. $250
#34535 4/9-6/18 Th 2-2:30 p.m. $275
#34534 4/9-6/18 Th 2:30-3 p.m. $275
#34533 4/9-6/18 Th 3-3:30 p.m. $275
#34532 4/9-6/18 Th 3:30-4 p.m. $275
#34531 4/9-6/18 Th 4-4:30 p.m. $275
#34530 4/9-6/18 Th 4:30-5 p.m. $275
#34536 4/9-6/18 Th 5-5:30 p.m. $275
#34537 4/9-6/18 Th 5:30-6 p.m. $275
#34529 4/9-6/18 Th 6-6:30 p.m. $275
#34528 4/9-6/18 Th 6:30-7 p.m. $275
#34527 4/9-6/18 Th 7-7:30 p.m. $275
#34526 4/9-6/18 Th 7:30-8 p.m. $275

ADULTS

SELF-DEFENSE
Ages 16 and Older
Don’t wait any longer to feel safer and more comfortable in your everyday life. Coach Edmonds has years of experience in multiple martial art disciplines.

#34538 4/3-6/19 F 6:30-7:30 p.m.
#34683 6/26-9/4 F 6:30-7:30 p.m.

register online at seattle.gov/parks | SPRING/SUMMER 2020 | 43
Lessons “Seattle Swims”
Swim for fun, fitness, and safety!
All ages swimming instruction by certified lifeguards and trained instructors.

Class Information
Create an account and register for classes at http://bit.ly/spr_registration_account

Personal Lessons
Quality instruction tailored to fit individual needs to achieve your personal swimming goals.
Recreation

Public Swim, Family Swim, Lap Pool and more!

Fitness

Deep Water, Shallow Water, Masters, and other fitness opportunities available!

Contact your local pool for more information!

**BALLARD POOL**
1471 NW 67th St • (206) 684-4094
seattle.gov/parks/aquatics/Ballardp.htm

**EVANS POOL**
7201 E Green Lake Drive N • (206) 684-4961
seattle.gov/parks/aquatics/Evanspool.htm

**HELENE MADISON POOL**
13401 Meridian Ave N • (206) 684-4979
seattle.gov/parks/aquatics/madisonpool.htm

**MEADOWBROOK POOL**
10515 35th Ave NE • (206) 684-4989
seattle.gov/parks/aquatics/meadowbrookpool.htm

**MEDGAR EVERS POOL**
500 23rd Ave • (206) 684-4766
seattle.gov/parks/aquatics/everspool.htm

**QUEEN ANNE POOL**
1920 1st Ave W • (206) 386-4282
seattle.gov/parks/aquatics/queenannepool.htm

**RAINIER BEACH POOL**
8825 Rainier Ave S • (206) 386-1925
seattle.gov/parks/aquatics/rainierbeachpool.htm

**SOUTHWEST POOL**
2801 SW Thistle St • (206) 684-7440
seattle.gov/parks/aquatics/swpool.htm

**COLMAN POOL**
8603 Fauntleroy Way SW • (206) 684-7494
seattle.gov/parks/aquatics/colman.htm

**LOWERY C. “POP” MOUNGER POOL**
2535 32nd Ave W • (206) 684-4708
seattle.gov/parks/aquatics/mounger.htm

**Did You Know?**

We have rental space!

Great for your next get together, birthday party, family reunion, school field trip, and more! Convenient weekend times available.

Call to book your party today!
RESERVATIONS AND CONFIRMATIONS
Room, pool, hangar and gym rentals are available on a first-come, first-served basis. All reservations must be made in advance, particularly if staff is needed outside of operational hours. Rental spaces are not confirmed until payment has been received in full and the Facility and Rental Agreement forms are completed and signed. You will be given a copy of these forms.

RENTAL RATES WITH ALCOHOL AT COMMUNITY CENTERS
With advance approval, rental groups may serve alcohol when a community center is closed to the public. Groups are required to submit a letter requesting to serve alcohol at their event
» Damage Deposit $500. Work with center coordinator, allow 45 days processing.
» Staff fee $30 per hour /per staff (min. 2 staff) +1 additional hour
» $75 City of Seattle Alcohol Permit Fee
» Banquet Permit (www.liq.wa.gov/licensing/banquet-permits) purchased from the Liquor Control Board $10.
» Liability insurance required and may be covered by some caterers or by your home owner’s insurance policy.
Other conditions outlined in Seattle Parks Alcohol Policy and Guidelines page. This will be provided to you at the time of your reservation.

REFUNDS
Please review the refund policy with facility staff before you book your rental. Refunds, minus non-refundable charges and penalty fees, will be granted if proper notification is given at least 14 days before the rental. Cancellations made less than 14 days will be assessed greater fees, with the condition that the space is rented to someone else. This statement does not include all elements of the refund policy. Please make sure you discuss this with the staff person booking your rental. Full text of the refund policy is available at www.seattle.gov/parks/reservations/feesandcharges/refunds.htm.

If you have any questions, please contact the staff at the facility where the rental will take place. Rental rates are subject to change. Contact your community center for more information.

| COMMUNITY CENTERS/ROOMS AND CAPACITIES |
|-----------------|-------|------|-------|--------|--------|
| SITE            | SMALL | MED  | LARGE | KITCHEN| GYM    |
| Garfield        | 20    | 40   | 140   | small  |        |
| 206-684-4788    |       |      |       |        |        |
| International   | 37    | 48   | 135   | small  | 395    |
| District/Chinatown| 206-233-0042 |       |       |        |        |
| Jefferson       | 20    | (2)50| 110   | large  |        |
| 206-684-7481    |       |      |       |        |        |
| Rainier         | 20    | 35   | 75    | large  | (2)350 |
| 206-386-1919    |       |      |       |        |        |
| Rainier Beach   | (3)   | 25-30| 185   | large  | 350    |
| 206-386-1925    |       |      |       |        |        |
| Van Asselt      | 62    | 187  | 283   | large  |        |
| 206-386-1921    |       |      |       |        |        |

| SOUTHEAST SEATTLE/SHELTERHOUSES AND CAPACITIES |
|-----------------|-------|------|
| SITE            | SMALL | LG   |
| PRITCHARD BEACH | 85    |      |
| BATHHOUSE       |       |      |
| 206-684-7254    |       |      |
| MADONNA SHELTER | 25    |      |
| HOUSE           |       |      |
| 206-684-4788    |       |      |
PAYMENT
You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online by following the directions above. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due plus a $20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

FEES AND CHARGES
ARC—Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable.
City—Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

CONFIRMATIONS
Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

REFUNDS
It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- A full refund will be issued for any program, activity, or reservation that is cancelled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund/credit is given if program is canceled due to emergency or weather for the first two cancelled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by the Parks OST Manager on a case by case basis.
- Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a service charge.
- Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.

DROPPING A PROGRAM AFTER THE SECOND SESSION: If a participant withdraws from a program after the second session of a series, no refund will be given. For full details of the Department’s Refund Policy, please see Policy Number 060-P 7.16 which can be found here: www.seattle.gov/parks/reservations/feesandcharges/refunds.htm.

POOL PERSONAL LESSON REFUND/TRANSFER POLICY
A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of $5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours’ notice.

GROUP LESSON REFUND POLICY
When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10%.

CLASS CANCELLATIONS
To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We’ll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments. If the class minimum is not met by then, we will have to cancel it.

WAITING LISTS
We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

SCHOLARSHIPS
Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

ANTI-DISCRIMINATION
As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

ACCOMMODATION FOR PEOPLE WITH DISABILITIES
We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call 206-684-7548 or TDD 206-684-4950. Please allow 10 working days’ advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

SPECIAL POPULATIONS
For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: www.cityofseattle.net/parks/SpecialPops/index.htm.

INTERESTED IN TEACHING?
We’re always looking for top quality instructors to offer unique courses. We choose class offerings based on participants’ interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

INSURANCE
An additional $5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers your child’s participation in all gymnastics, tumbling, parkour, or circus arts classes at SPR facilities for one year from the date of purchase. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

MORE INFORMATION
For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.
SCHOLARSHIPS AVAILABLE for all ages

VISIT A COMMUNITY CENTER OR POOL FOR MORE INFORMATION OR VISIT US ONLINE AT SEATTLE.GOV/PARKS/SCHOLARSHIPS

Online Program Participant Forms are HERE!
Seattle Parks and Recreation’s participant forms for specified programs will now be completed and updated on-line for your child!

IT’S AS EASY AS 1, 2, 3!
After you register your child:
1. Open email invitation, click on Complete Request
2. Fill out or update information and upload documents
3. Share your information with us

You will receive an email invitation to complete or update your child’s information after registering for specific programs. This is a safe and secure system, provided through ePact, that meets all City data security and privacy requirements.

For help, email: help@epactnetwork.com, or call 1-855-773-7228 (M-F 9 a.m.-5 p.m.)
Questions for Seattle Parks and Recreation? Contact: lori.chisholm@seattle.gov, 206-684-7123